## **BAJI - INTERNAL**

## A low impact Baji practice method for all



## (Baji Internal Cultivation)

Master Kurt Wong is offering an internal practice method for Baji Chuan, all participants are welcome.

This Baji practice method begins with Baji Qi Kung and further developing Baji unique energies. It is Master Wong's personal reflection on Baji energies. Baji could be trained differently as an internal approach. For those who are interested in learning new style or experienced practitioners, please join us.

10/17 & 10/18/20 - 2pm to 4pm Alaska time Cost: \$150 for general, \$100 for senior over 65 AK Wu Tan Kung Fu & Tai Chi Institute Email address: info@wutanalaska.com



Master Wong in Fairbanks 1979